

To potential supporters of Southern California athletics:

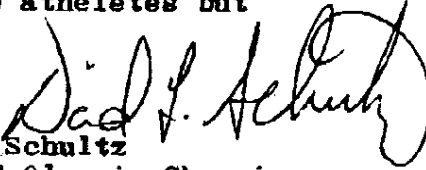
Wrestling is one of the oldest and most demanding sports known to man. Because wrestling is so demanding both mentally and physically, I believe it develops boys into men. The discipline and dedication learned through wrestling not only teaches young men the principles of hard work and sacrifice which can lead to success in many facets of life, it also helps to develop a positive self-image.

A good coach is a guide to these developing young men. Through the eight years that I have known Bob Anderson I have never known him to be anything other than a dedicated, concerned, and caring coach. Bob is in my mind a quality individual who deserves the utmost consideration.

Bob mentioned to me that he was interested in further developing a youth wrestling program in which he could dedicate even more time to the athletes, and expand the number of athletes he is working with. Naturally it will require a strong support group in order to develop this type of program. I encourage you to support this endeavor as it will be beneficial to the kids and the community.

I believe that this type of program with Mr. Anderson at the helm would not only produce fine athletes but fine citizens.

Sincerely,


David L. Schultz
World and Olympic Champion



THE UNIVERSITY OF IOWA

Intercollegiate Athletics



Carver-Hawkeye Sports Arena
Iowa City, Iowa 52242

September 17, 1984

Mr. Bob Anderson
2 W. Avenida Junipero
San Clemente, CA 92672

In Support of Youth Olympic Development:

It's a natural tendency to put our more highly-skilled coaches at the uppermost level of competitive stages. This tendency is due to prestige, monetary gain, and often the pressure of having to win at this level. If this was not the case, more young people would be able to develop skillfully in their areas of excellence. I know this is what is happening in wrestling in many programs.

An exception to this case has been Bob Anderson. He is and has been developing young wrestlers in his Youth Olympic Development program. Because of his dedication to the youth of America, we can consider our homeland a better place to live. Not only is he developing young people in the wrestling area with expertise, he is also providing them with purpose and a more meaningful life through good direction.

Several young wrestlers have already made good because of Bob's commitment to them. I thank him for that, and I would love to see his commitments continue and even to expand to reach more young people in the future. It is with this understanding that I personally endorse programs of this kind to help us all!

Sincerely,

A handwritten signature in cursive script that reads "Dan Gable".

DAN GABLE
1972 Gold Medalist, Munich
1984 Olympic Coach, LA - 7 Gold, 2 Silver
Iowa Wrestling NCAA Champions
78-79-80-81-82-83-84

DG:dc

June 1996

To Whom It May Concern:

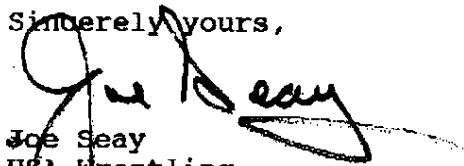
Subject: Bob Anderson - LETTER OF RECOMMENDATION

I have known Bob Anderson for 15 years through our association in USA Wrestling. Currently, I am the 1996 Olympic Freestyle Coach and Bob is on the Greco-Roman Olympic Coaching Staff.

Bob started his own club team in 1981, the CALIFORNIA JETS, to give local youth in his area the opportunity to learn a sport and compete at any age in local, state and National levels. Within two years the JETS had established themselves as State and National champions and had won over 45 gold medals in the Junior Olympics in Freestyle and Greco-Roman Wrestling. Bob raised the funds and built a major non-profit JETS training facility in Orange County in 1988 and directed sports programs involving hundreds of young athletes. Bob has coached the CALIFORNIA JETS to win over 12 Team National Championships in age groups from grade school to college has consistently produced champions at the National, World and Olympic Team level.

I recommend Bob as a friend and associate and feel he would be an asset to any organization and can be trusted to accomplish and direct any effort he is challenged with.

Sincerely yours,



Joe Seay
USA Wrestling
1996 Olympic Freestyle Coach
6155 Lehman Drive
Colorado Springs COLO



USA wrestling

6155 Lehman Drive • Colorado Springs, Colorado 80918
Telephone: (719) 598-8181 • Fax: (719) 598-9440 • Telex: 487923 • Cable: USA WRESTLE

JUNE 1996

TO WHOM IT MAY CONCERN:

SUBJECT: LETTER OF RECOMMENDATION FOR BOB ANDERSON

USA WRESTLING is the National Organization representing all ages of competitive athletes in the sport of wrestling. Bob Anderson has been a valuable member and coach for many years developing young athletes into National, World and Olympic class champions. He is currently a member of our 1996 Olympic Greco-Roman Coaching Staff at the pre-Olympic training camps. Bob personally coached four athletes in preparation for the '96 Olympic Trials producing two Olympians and an alternate.

Bob was a two-time Gold Medalist and Silver Medalist in the PanAm Games, an Olympic Trials Champion and Olympic and World Team Alternate. He is a former NCAA and NAIA All-American. In 1982 Bob founded the California JETS Wrestling Club winning 12 USA National Greco-Roman and Freestyle Championships. Bob has provided many young athletes the opportunity and means to travel, train and compete internationally.

USA Wrestling expects the highest ethical and technical standards from athletes, staff and coaches. Bob Anderson has been dependable and consistent in his involvement developing and meeting these standards and providing young athletes with the tools necessary to compete at any level. As a technician and teacher he is well respected by the athletes and his peers.

I would highly recommend Bob Anderson for any position or program as a coach, educator or leader.

Sincerely,

A handwritten signature in black ink that reads "Steve Fraser". The signature is fluid and cursive, with a long horizontal flourish extending to the right.

Steve Fraser
USA Wrestling
National Greco-Roman Coach
6155 Lehman Drive
Colorado Springs, Colorado 80918

Olympic and Pan American Sport Organization

Heath Sims
16761 Viewpoint Lane #57
Huntington Beach, CA 92647

Sydney 2000 Olympic Games

August 24, 2000

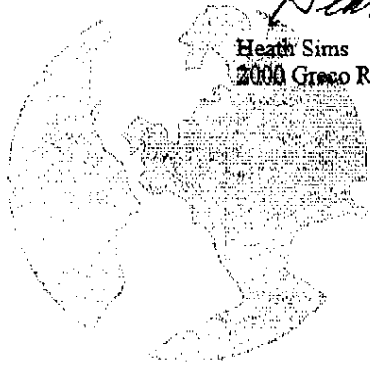
Mr. Morocco and Kaahumanu Hole High School

I would like to thank you for giving Bob Anderson time away from his work to help me prepare for the Olympic Games in Sydney. Bob is a valuable asset to my training and preparation. Bob has been the essential component to my accomplishments in the sport of wrestling and in life. The final time we spend together before the games is crucial for my success at the Olympics.

Sincerely,



Heath Sims
2000 Greco Roman Olympic Team Member



Going for the Gold!

June 1996

To Whom It May Concern:

Subject: Letter of Recommendation for Bob Anderson

Bob Anderson is a member of the 1996 Olympic Greco-Roman Wrestling Coaching staff traveling with the team in preparation for the Olympics.

Bob is an excellent coach. His expertise in Greco-Roman Wrestling is very valuable to the team and the athletes enjoy and benefit from his coaching. His involvement with elite athletes requires him to be constantly researching and applying new as well as proven technique. He is a patient and thorough coach, quickly identifying and adapting to the needs of the athletes.

I would highly recommend him for any position. He is a well-educated, health conscious and a good communicator.

Sincerely,

Dennis Hall
1995 World Champion

Bob has worked with me over the past seven years and has helped me in many ways. He would be a great addition to any company.

February 1994

LETTER OF RECOMMENDATION FOR COACH BOB ANDERSON

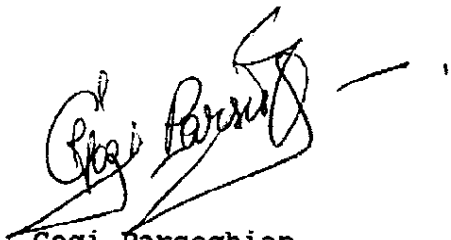
From: Gogi Parseghian (World Cup Champion)

Bob Anderson has been my coach and friend since I arrived in the USA from Armenia (Russia) in 1986. It was difficult being a foreign athlete having to deal with the politics of competing while applying for US citizenship and learning the language and Bob helped me in this.

Bob coached me at the JETS Training Facility to prepare for the World Cup competition in 1989. He also put me on a nutritional conditioning program to lose the weight necessary for my competition. He made sure my technique was perfected and never let up on the coaching discipline necessary to win the World Cup. I consider Bob an expert in wrestling technique, Greco-Roman, Freestyle and Sambo. I have seen him patiently coach and advise young wrestlers toward competitions. He spends one-on-one time with each until their technique is perfected with mental concentration and tough conditioning.

Bob Anderson is also responsible for bringing his wrestlers to unique international attention by arranging for the Soviet National Team to train in the USA (also Polish team members) and having the matches televised on Prime Ticket. Bob's name is held in high regard by Mamiasvili (Russian Olympic Head Coach); Davidian (Ukraine Olympic Head Coach); Mkrtichev (Russian Head Nat'l Jr. & Espoir Coach; and Head FILA Official who is former chairman of USSR Officials, S. Kazarian (now in Greece).

Sincerely,



Gogi Parseghian
1990 World Cup Champion (Wrestling)
(818) 988-5853
(714) 361-2051



USA **wrestling**

6155 Lehman Drive • Colorado Springs, Colorado 80918
Telephone: (719) 598-8181 • Fax: (719) 598-9440 • Cable: USA WRESTLE

The development of amateur wrestling in this country has taken on many different looks over the years, but there are certain elements that I feel are essential for the optimal development of young and experienced athletes alike.

Without question, one of the most important aspects of athlete preparation and development are knowledgeable coaches who have a sincere interest in helping young people fulfill their dreams. The coach must have a strong technical base but also a comprehensive understanding of the physiological and psychological aspects of sport. Coaches need to pay particular attention to the total development of the athlete and must consider the whole individual. There are many positive and productive lessons young people can learn from their participation in sport. Coaches must introduce and reinforce those lessons as they take the lead in being positive role models.

Having the best possible training facilities is another very important factor in assisting athletes as they learn, practice and prepare for competitive events. When athletes have a "first class" practice facility it can offer an incentive for them to stay more involved and to be more enthusiastic and dedicated in their approach. A positive practice environment can also offer a place for other top elite athletes to prepare themselves. This type of positive environment can also impart vision for other young Olympic hopefuls as they strive to achieve their goals.

Some of the most successful wrestling clubs in this country, Team Jets, Hawkeye, Sunkist and the New York Athletic Club have all done a phenomenal job of preparing America's best for World and Olympic competition. But, one program in particular that has taken young wrestlers and developed them into Olympians is Team Jets. Team Jets have had several Olympians that began their wrestling careers at a very young age. Coach Bob Anderson has been with the Jets since 1968 and has been instrumental in helping hundreds of young wrestlers fulfill their dreams. In addition, he has been one of USA Wrestling's top volunteer coaches since 1982. He has spent countless hours helping some of our top wrestlers improve to higher levels of excellence. More importantly, he has molded young wrestlers into stars for the United States.

Extreme Dreams could be the training center of the future. Bob Anderson and his assistants have a great concept and sound plans to assist young people as they strive to be the best! As National Developmental Coach for USA Wrestling, it is my sincere hope that Extreme Dreams and centers like it will be available for our wrestlers of the future. Extreme Dreams could be the feeder system for USA Wrestling in preparing young boys and girls as they pursue their dreams of Olympic Gold!

Michael Duroe

National Developmental Coach, National Women's Coach
Former World, Pan Am, and Olympic assistant coach.



OFFICE OF THE SUPERINTENDENT
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 (619) 691-5555 • FAX (619) 498-1997

Edward M. Brand, Ed.D.
 Superintendent

To Whom It May Concern

The Sweetwater Union High School District, U.S.A. Wrestling, and the National Governing Body for Wrestling has united to create a national regional training center for young Olympic hopefuls located at Otay Ranch High School in Chula Vista. Bob Anderson, a member of the National Coaching Staff for U.S.A. Wrestling, is heading up the program that will serve youth to Olympians.

I wholeheartedly support this positive endeavor, and would be grateful for any financial assistance that you can provide. Your contribution is, of course, tax deductible. (State Tax I.D. # 33-079-2600, Federal Tax I.D. # DLN 602346011) Please make your donation payable to *The Heartland Foundation*, and note on the check that it is for the "regional training program."

Again your thoughtfulness and support is greatly appreciated.

Sincerely,

Edward M. Brand, E.D.
 Superintendent

EB:dh